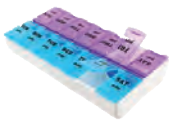




Independent Lifestyle Concierge Packages

Sample Bronze Package

- Daily bed making
- Linen change one time per week
- Launder sheets and blankets one time per week



Sample Silver Package

- Escort to meals or activities
- Medication reminders daily.

Sample Gold Package

- Medication reminders daily
- Escort to meals or activities daily
- Shower assistance up to two times per week



Sample Platinum Package

- Daily bed making
- Linen change one time per week
- Launder sheets and blankets one time per week
- Medication reminders daily
- Escort to meals or activities daily
- Dressing and grooming assistance daily
- Shower assistance up to two times per week

Services are provided daily, seven days a week. Packages can be tailored to meet the needs of the senior community.



A la carte Service Package Building or Add-On

Because everyone's needs are unique, custom packages are available.

Showers

Incontinence Care (check for soilage, wash, rinse, dry and re-dress)

Room Tray Service

Daily Bed Making

Weekly Linen Change

Laundry (using your supplies)

Bathing and Dressing Assistance

Escort Service to Meals and Activities

Medication Management

RN wellness assessment and evaluation visit. Review of medication and contact client's physician regarding changes in resident's condition.

Companionship

Companionship may include escorts to appointments, grocery shopping, running errands, go for a walk, to the park, to the movies, to social gatherings and or parties, visiting friends, or any other events. Assistance with reading the newspaper or literature, puzzles, scrapbooking, reminiscing, dining, organizing clients, holiday décor, gift wrapping, arts and crafts, playing cards, and games, letter writing, etc.

Charge Tickets

will be issued and billed for all "as needed unscheduled services" that are provided. Please remember that all services are provided during Caring Hand's hours, seven days a week.



CARING HANDS

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Independent Lifestyle Concierge Packages

Complimentary Wellness Package FREE

2 daytime safety and comfort checks and 2 building escorts to any resident who is home from the hospital for up to 3 days.

Complimentary New Resident Welcome Package FREE

Free building escorts to and from activities and meals to help new residents get acquainted to the building and to introduce new residents to others for up to 3 days after move in.

Complimentary Fall Risk Assessment FREE

Free assessment by a licensed Physical Therapist to help determine if resident is at risk for falls. This is available at any time to residents.

Room Service

Meal delivery to your home: pre-ordered through your in-home dining service.

Meal Preparation

Prepare a light meal (including clean up). Food provided by resident.

Incontinence Management

Assist resident's incontinence needs through promoting and supporting dignity. Resident to provide incontinence products and supplies.

Telephone Reassurance

Schedule personalized phone calls to touch base with residents. The call may include medication reminders, a brief conversation and a follow up e-mail report to the family.

Laundry Services

Service includes picking up and dropping off folded laundry, soap, softeners, and other laundry products to be provided by the resident.

Pet Care Services

Your special companion, whether a dog or cat, may need assistance with feeding, walking, veterinary appointments and grooming.

Transition to Your New Home

Moving can be stressful. To help alleviate the stress to seniors and their families, this temporary service provides assistance, support and encouragement with all the details to help make the transition to your new home a success. The service includes a complimentary assessment reviewing activities, coordinating, escorting and acclimating to social events and making new friends along the way.

Routine Private Duty Care

Assistance with activities of daily living, including light housekeeping, meal preparation, medication reminders and personal care such as dressing, bathing, errands, laundry and companionship.



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Independent Lifestyle Concierge Packages

Packages and Programs Morning Care Services

Begin the day with a positive, healthy routine. Services include getting the client up and ready for his/her day (includes dressing and breakfast preparation) and reviewing the community's daily events.

Evening Care Services

Wind down the day with care assistance. Services include snack preparation, reviewing the next day activities and providing a restful setting for a good night's sleep.

Friendly Visitation

Brief pre-arranged visits to drop by for a chat while providing companionship, socialization, and support.

Wellness Checks

Brief pre-arranged visits to drop by and check blood pressure, schedule/consult physician appointments and have a friendly chat.

Bathing Assistance

A customized bathing scheduled based on the special needs of the resident, including non-medicated non-prescribed lotion application, if desired.

Escort Assistance

Escort and assist resident to and from meals, activities and events within the community.

Appointment Escort

Services may include accompanying the client to the physician appointments, scheduled diagnostic testing, pharmacy stops, grocery shopping and running errands.

Leisurely Stroll

Whether for daily exercise, companionship, strength building, getting out and about.



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